

## **NICE endorses Healios' family intervention manual**

Southampton, UK, 25 May 2016: Healios is pleased to announce that the National Institute for Health and Care Excellence (NICE) have endorsed the Healios' family intervention service manual.

The endorsement from NICE, a world-leading organisation which many countries look to for guidance, represents a significant milestone for Healios, validating its goal to deliver the highest clinical standards for people and their families affected by mental illness, including the many NHS, social, charitable and private organisations who have commissioned its services.

NICE completed a systematic and comprehensive review of the submission which included the Healios family intervention service manual, the Healios five-tier supervision and quality control model and the routine measurement of outcomes.

Healios' service is being commissioned by NHS Trusts/CCG's across the country supporting local transformation plans. This follows the increased priority placed on mental health through such measures as the Parity of Esteem, Early Intervention in Psychosis Access and Waiting Time Standards and the NHS England's 'The Five Year Forward View'. These measures focus on how to design services that increase access, choice and convenience to evidence-based interventions in a sustainable way, in an environment where demand is growing and pressure mounts to resolve the £2bn budget deficit.

**David Kingdon, Professor of Mental Health Care Delivery at University of Southampton** stated "This is a major step forward in supporting and treating those with mental illnesses. I commend Healios for receiving this endorsement which provides greater choice and accessibility for people with severe mental illness and their families to high quality resources recognised by key institutions such as NICE."

"To be endorsed by NICE is the ultimate seal of approval for any treatment," commented **Lars Hansen, consultant psychiatrist and Chief Medical Officer at Healios**. "Receiving independent and unbiased recognition following rigorous scrutiny is a significant boost to our team and one we are very proud of. We are delighted for this official endorsement that supports our efforts to ensure many more people are able to benefit from evidence-based family intervention."

### **About Healios**

Founded in 2013, Healios has quickly become the UK's leading family intervention and behavioural change digital healthcare technology company working to empower patients and families affected by mental and physical illnesses.

Healios is pioneering how behavioural change techniques are delivered beyond treatment team walls, to maximise patient and family outcomes. By blending the best of technology, specialised expertise and a personal human connection, we help patients and families develop a new level of understanding and sustain healthier habits over time.

Our mission is to transform how care is delivered to help patients, families and carers effectively move forward and achieve their goals, providing a better quality of life.

Healios is commissioned by NHS clinical commissioning groups, NHS Trusts and local authorities across the UK.

For more information, visit [www.healios.org.uk](http://www.healios.org.uk)

## **NICE endorsement statement for resource producer E0094 - Healios**

### **Family Intervention service manual**

This service manual supports the recommendations on family intervention in the NICE guideline on psychosis and schizophrenia. The service manual describes the content to be used by those providing training for family intervention in line with NICE guidance. It also supports the statement on family intervention in the NICE quality standard for psychosis and schizophrenia. *National Institute for Health and Care Excellence May 2016*

### **About Family Intervention**

Family intervention is a form of psychological therapy based on bringing the whole family together to improve treatment outcomes. Well proven with strong clinical evidence, family intervention delivers significant benefits for patients, families and the health service as a whole. NICE clinical guidelines recommends everyone with a diagnosis of psychosis or schizophrenia and their families should be offered family intervention.

### **About National Institute for Health and Care Excellence**

The National Institute for Health and Care Excellence (NICE) is an executive non-departmental public body established under the Health and Social Care Act 2012. NICE provides guidance and advice to support health and social care commissioners, providers and others so care and preventative services are of the best possible quality and offer the best value for money. NICE has a statutory role that encompasses the development of quality standards, advice, information and recommendations about NHS, public health and social care services. NICE provides independent, evidence-based guidance on the most effective ways to prevent, diagnose and treat disease and ill health and reduce health inequalities and variations. NICE guidance on public health topics makes recommendations for populations and individuals on activities, policies and strategies that can help prevent disease or improve health.

NICE has developed an endorsement programme through which it assesses the outputs of externally produced guidance implementation and adoption resources and their alignment to NICE guidance recommendations.

The endorsement statement assures users that using the resource will support implementation in line with the relevant NICE guidance recommendations identified.

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