

#### Zio XT Final Report for

## Report, Patient #16

Date of Birth 12/12/67 (51 yrs)

Patient ID

Gender

Primary Indication (R94.31)

Female Abnormal electrocardiogram

**Prescribing Clinician** Dr. E. Physician

**Managing Location** London

iRhythm Technologies www.zioreports.com



**Enrollment Period** 13 days 19 hours 22/03/19, 12:24 to

05/04/19, 08:40

**Analysis Time** 13 days 19 hours (after artifact removed)



## **Patient Events**

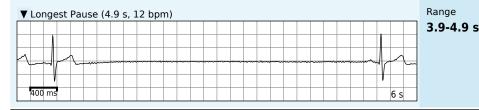
**Total Triggers: 2 Total Diaries: 1** 

Findings within  $\pm$  45 sec of triggered events or diary entries:

	Range	Trigger	Diary
AF	59-126 bpm	1	1
Pause(s)	3.9 s	1	
Sinus	56-73 bpm	1	
SVE(s)		1	
VE(s)			1

Ventricular Tachycardia (4 beats or more)	Episodes <b>5</b>
▼ Fastest VT (HR Range 135-150 bpm, Avg 142 bpm)	HR Range
	116-150 bpm
	Avg
	132 bpm
400 ms 6 s	
[0 S]	
D(2)	Fnisodes

#### Pauses (3 secs or longer)



#### Atrial Fibrillation



AF Burden

3

Longest Duration 1 d 19 h

HR Range

50-154 bpm

97 bpm

#### AV Block (2nd° Mobitz II, 3rd°)



# **Fctonics**

#### None found

LCCOPI	<1%	1% to ≤5%	>5%
Supravent	ricular Ecto	py (SVE/PACs)	
Isolated	Rare	<1.0%	6723
Couplet	Rare	<1.0%	141
Triplet	Rare	<1.0%	9

Occasional

Frequent

Rare

Ventricular Ectopy (VE/PVCs)						
Isolated	Rare	<1.0%	1716			
Couplet	Rare	<1.0%	192			
Triplet	Rare	<1.0%	26			

Longest Ventricular Bigeminy Episode 0 s 0 s

# Longest Ventricular Trigeminy Episode

#### **Preliminary Findings**

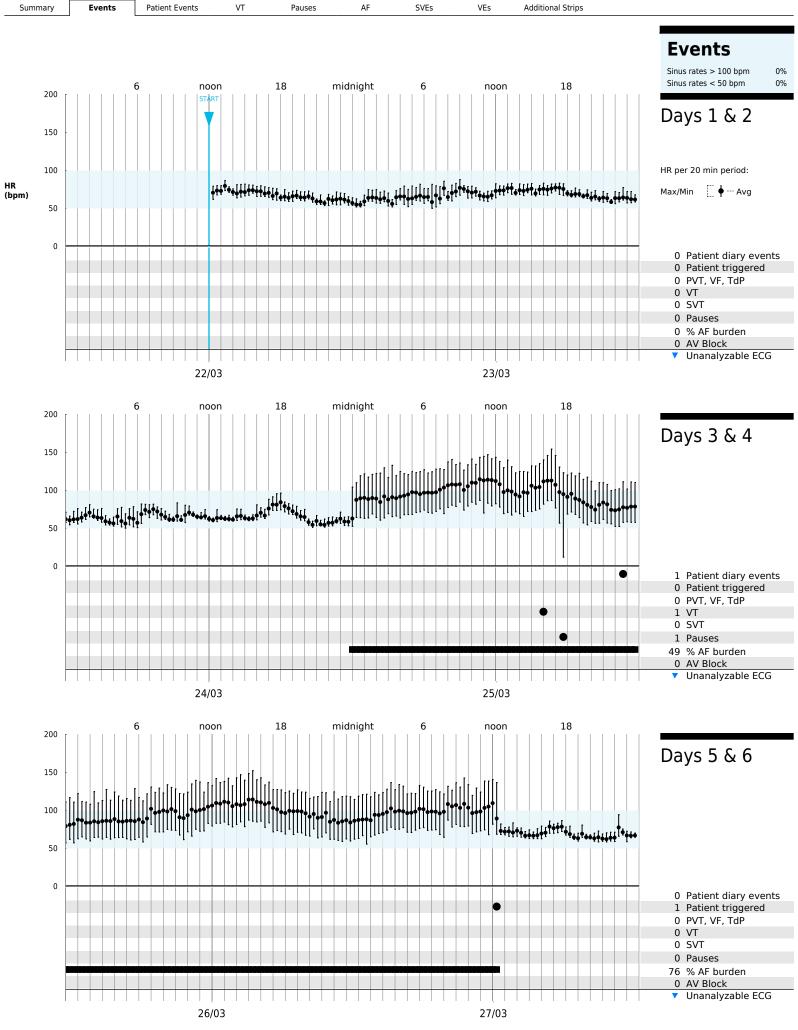
Patient had a min HR of 50 bpm, max HR of 154 bpm, and avg HR of 78 bpm. Predominant underlying rhythm was Sinus Rhythm. 5 Ventricular Tachycardia runs occurred, the run with the fastest interval lasting 4 beats with a max rate of 150 bpm, the longest lasting 4 beats with an avg rate of 127 bpm. Episodes of Ventricular Tachycardia may be possible Atrial Fibrillation with aberrancy. Atrial Fibrillation occurred (37% burden), ranging from 50-154 bpm (avg of 97 bpm), the longest lasting 1 day 19 hours with an avg rate of 97 bpm. 3 Pauses occurred, the longest lasting 4.9 secs (12 bpm). Atrial Fibrillation and Pause were detected within +/- 45 seconds of symptomatic patient event(s). Isolated SVEs were rare (<1.0%, 6723), SVE Couplets were rare (<1.0%, 141), and SVE Triplets were rare (<1.0%, 9). Isolated VEs were rare (<1.0%, 1716), VE Couplets were rare (<1.0%, 192), and VE Triplets were rare (<1.0%, 26).

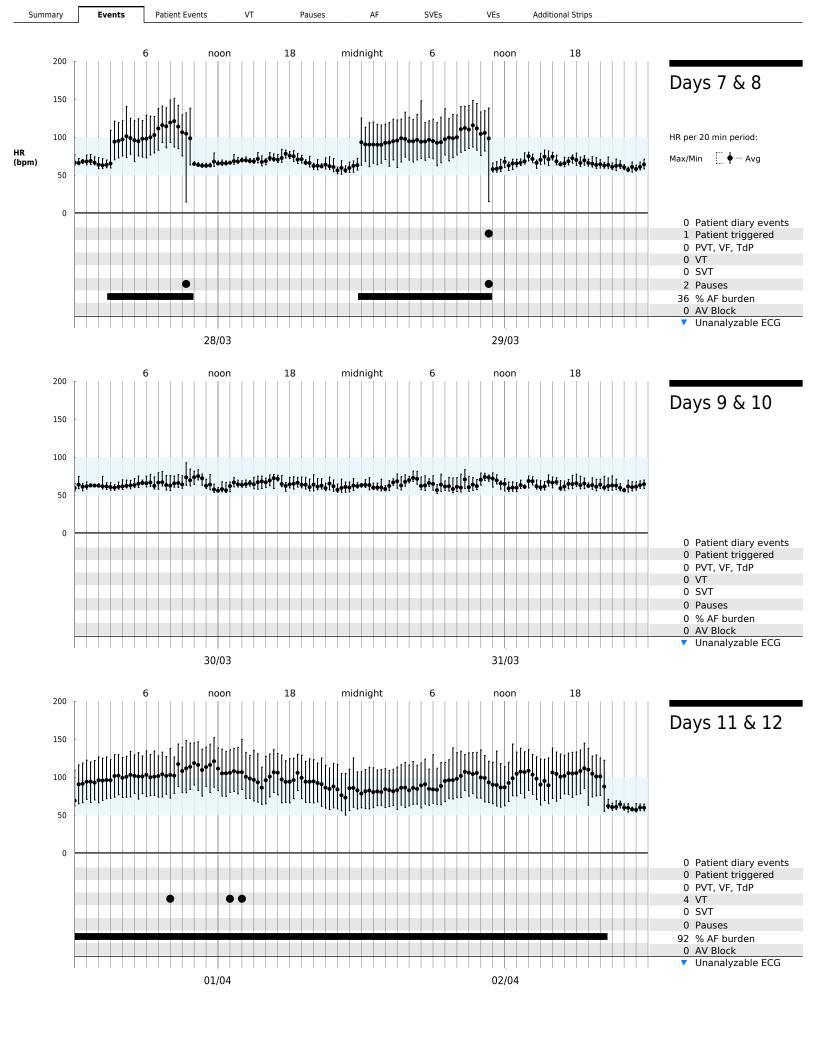
Supraventricular Tachycardia (4 beats or more)

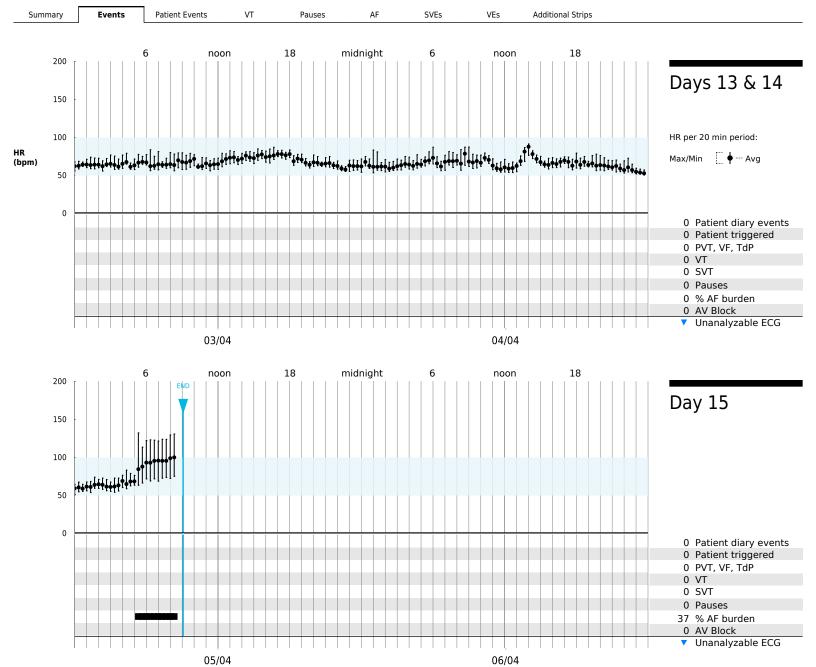
#### **Final Interpretation**

- 1. Agree with above interpretation
- 2. Underlying Sinus rhythm with normal rates average =78/min
- 3. 5 runs of VT some of which could be AF with aberrancy
- 4. Atrial fibrillation with 37% burden and longest run of 42 hours
- 5. Pauses of up to 4.9 seconds likely post conversion related
- 6. Triggered events consistent with AF, Pauses

Electronically signed by Dr. Example Physician 12/04/19 06:18 PM (GMT)







Events Patient Events Pauses SVEs VEs Additional Strips Summary

> **Patient Events**

Patient Triggered Events,

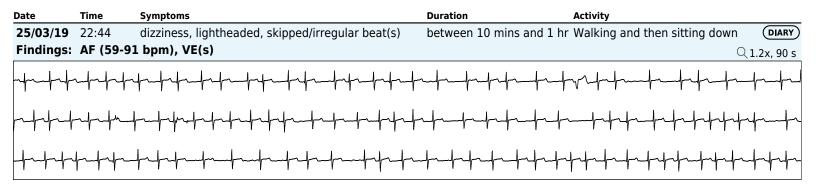
**Diary Entries** 

( ) = Patient Triggered Marker

Q = Vertical Zoom

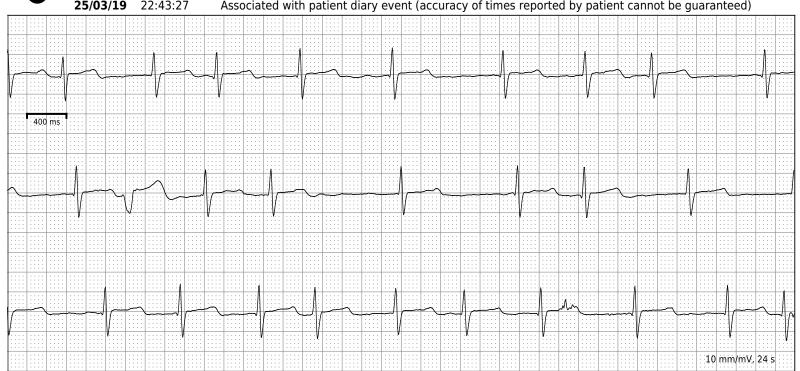
= No heart rate will be displayed if insufficient beats of the rhythm are included in the strip.

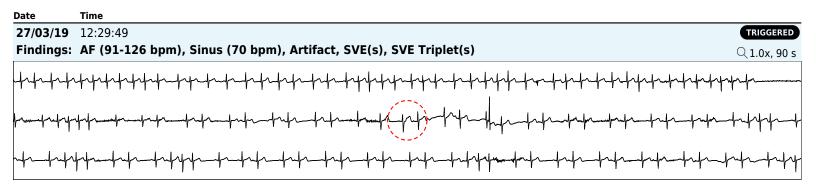
Note: iRhythm cannot verify the accuracy of the patient-reported information provided below.



Atrial Fibrillation (59-79 bpm), VE(s)

Associated with patient diary event (accuracy of times reported by patient cannot be guaranteed)





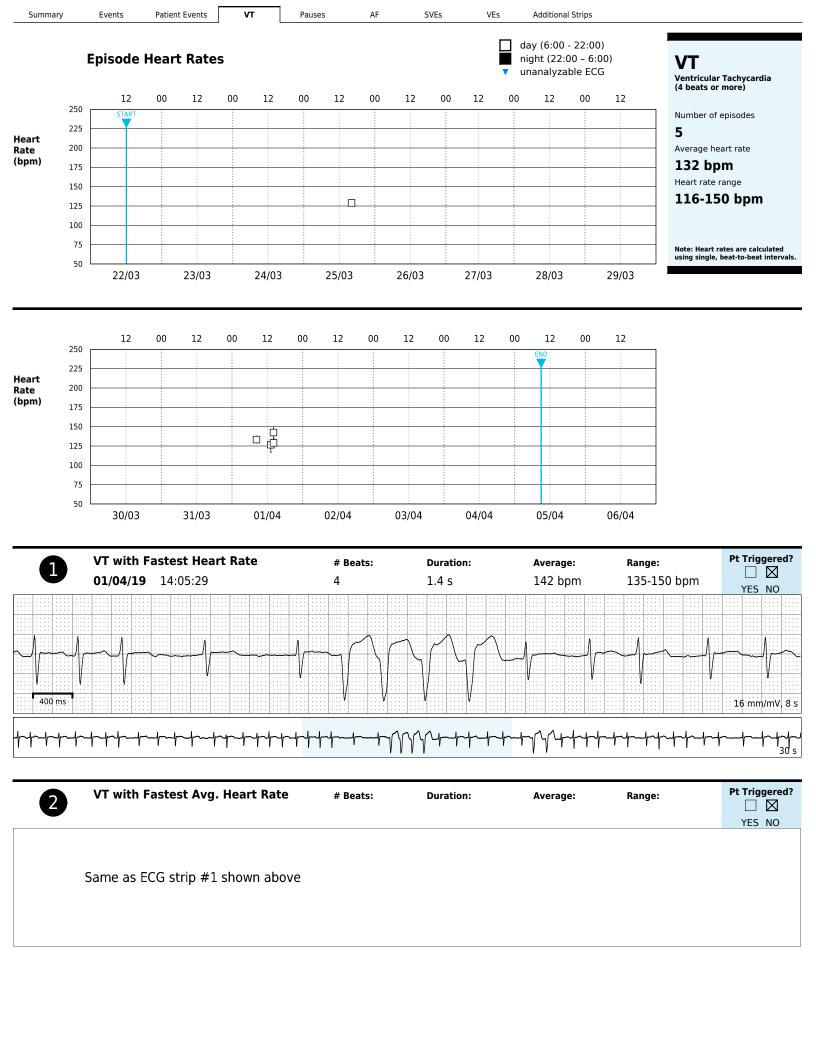
Summary Events Patient Events VT Pauses AF SVEs VEs Additional Strips

# Termination of Atrial Fibrillation (93-108 bpm), Pause (3.9 seconds)

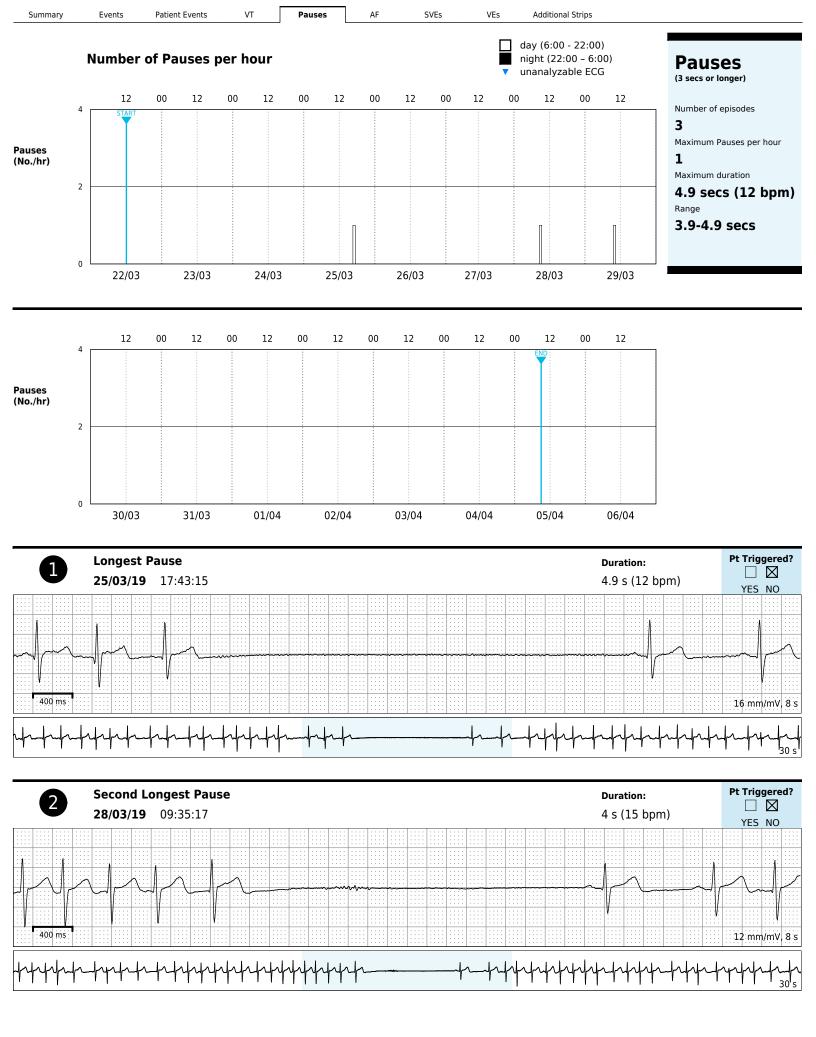
29/03/19 10:56:51 Associated with patient triggered event

400 ms

10 mm/mV, 24 s



Summary Events Patient Events VT Pauses AF SVEs VEs Additional Strips Pt Triggered? **Longest VT Episode** # Beats: **Duration:** Average: Range: 3 **01/04/19** 13:11:19 1.5 s 4 127 bpm 116-133 bpm YES NO 400 ms 12 mm/mV, 8 s



Summary Events Patient Events Pauses AF SVEs VEs Additional Strips Pt Triggered? **Third Longest Pause** 3 **Duration: 29/03/19** 10:57:01 3.9 s (15 bpm) YES NO 400 ms 14 mm/mV, 8 s

Patient Events ΑF SVEs VEs Additional Strips Summary Events Pauses **AF Burden** AF **Atrial Fibrillation** 18 Time(hr) in AF per day 12 AF Total AF during enrollment 6 ☐ Sinus/Other 37% 0 Average heart rate Time in AF 0h 0m 0h 0m 0h 0m 23h 38m 23h 59m 11h 29m 6h 36m 10h 55m < 1 min Unanalyzable Time 12h 24m < 1 min 0h 2m 0h 1m < 1 min < 1 min < 1 min 97 bpm

100%

**50**%

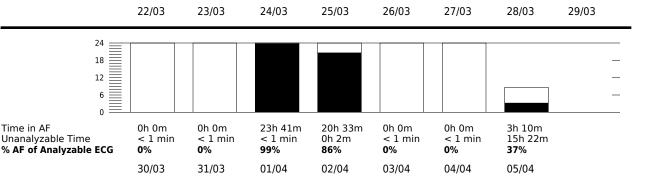
27%

45%

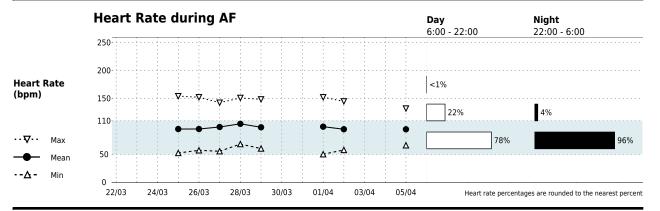
Heart rate range

50-154 bpm

Note: Heart rates are calculated using a sliding window of 8 beat intervals.



99%



#### **AF Duration**

% AF of Analyzable ECG

Time in AF

0%

0%

0%

<u>% c</u>	of AF Episodes (≥ 30 s)	Episodes	Avg. Duration
1 d+	18%	2	1d 18h
12 - <24 h	9%	1	17h 15m
1 - <12 h	36%	4	5h 16m
10 - <60 m	18%	2	29m 29s
6 - <10 m 0%		0	0
1 - <6 m	18%	2	3m 22s
30 - <60 s 0%		0	0

Total Episodes (≥ 30 s)

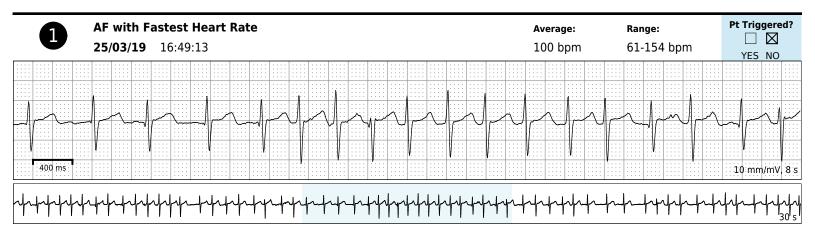
11

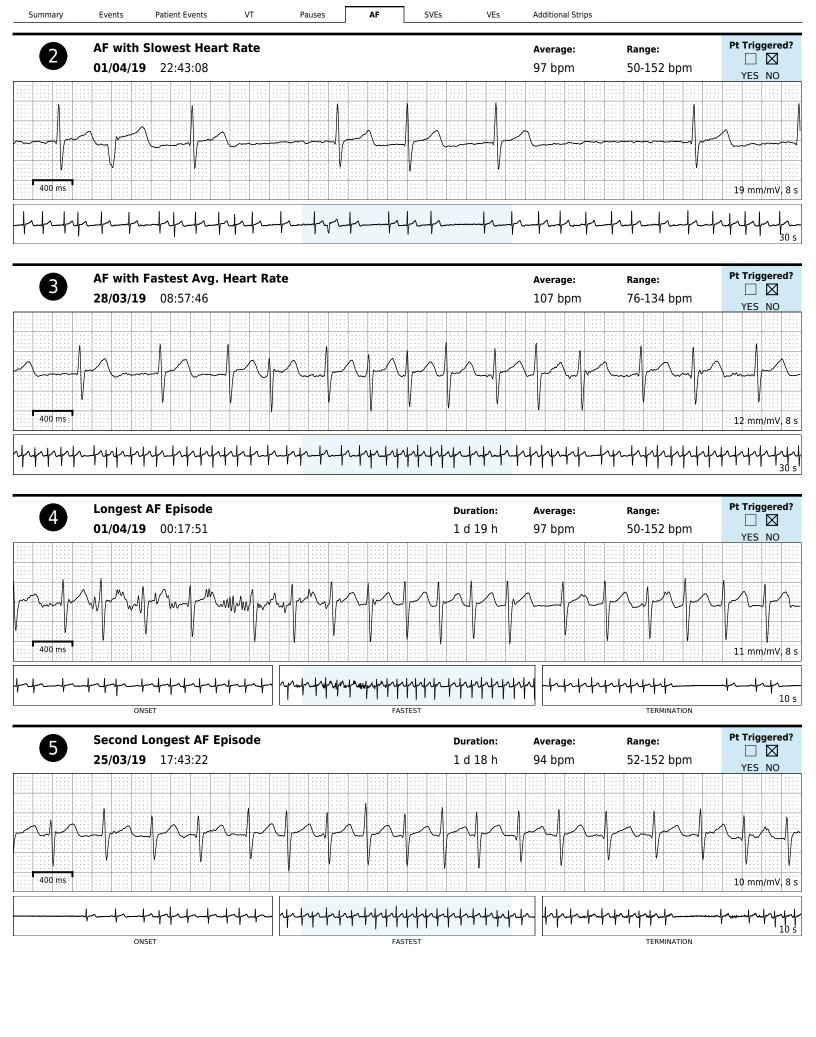
Episodes of 6 mins or longer

9

Longest Duration

1 d 19 h







Summary Events Patient Events VT Pauses AF SVEs VEs Additional Strips

3

**SVE Triplet 04/04/19** 01:08:52



Events Patient Events VT Pauses SVEs VEs Additional Strips Summary day (6:00 - 22:00) night (22:00 - 6:00) **Number of Beats per Hour VEs** unanalyzable ECG Ventricular Ectopics (PVCs) 12 00 12 00 12 00 12 00 12 00 12 00 12 00 12 Isolated Ectopics 145 <1.0% 1716, Rare Couplets 116 **VE Beats** <1.0% 192, Rare (No./hr) 87 Triplets <1.0% 26, Rare 58 **Duration of Longest Bigeminy** 29 **Duration of Longest Trigeminy** 0 s 0

26/03

501

0.4%

27/03

<0.1%

107

28/03

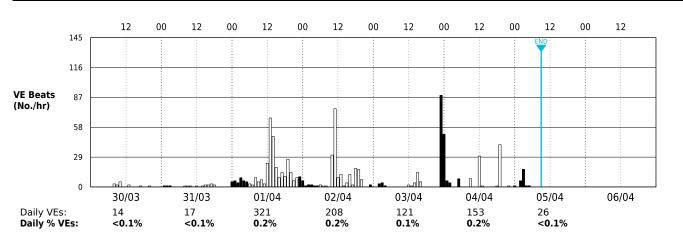
141

0.1%

29/03

<0.1%

72



25/03

411

0.3%

## Isolated VE Beats by Unique Morphology

23/03

<0.1%

43

22/03

<0.1%

18

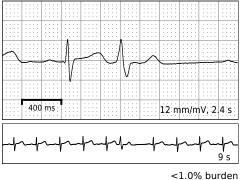
Daily VEs:

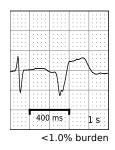
Daily % VEs:

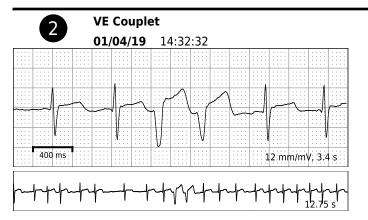
24/03

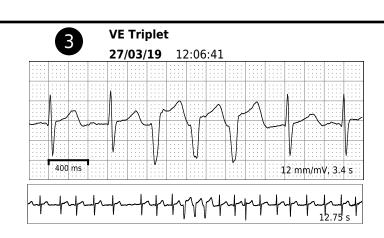
<0.1%

25









ummary	Events	Patient Events	VT	Pauses	AF	SVEs	VEs	Additional Strips		



#### **Ventricular Bigeminy/Trigeminy**

None found

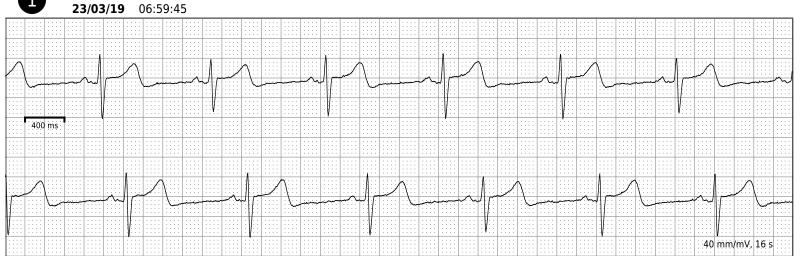
Patient: Report, Patient #16

Summary Events Patient Events Pauses SVEs **Additional Strips** 

> **Additional Strips**



#### Minimum Sinus Rate (50 bpm)



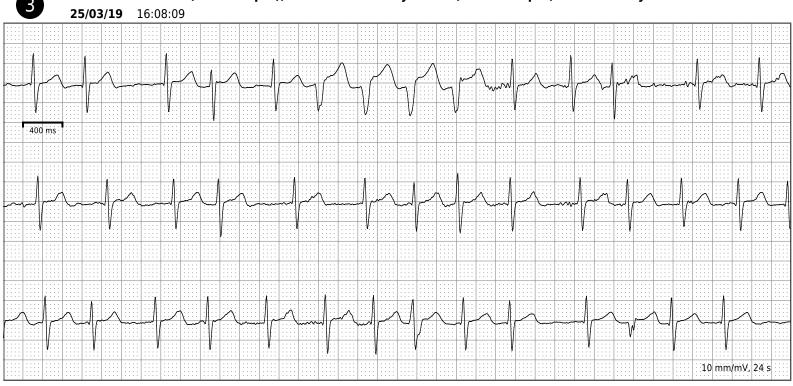
#### Maximum Sinus Rate (96 bpm)

24/03/19 18:13:56





# Atrial Fibrillation (86-115 bpm), Ventricular Tachycardia (125-133 bpm) vs aberrancy

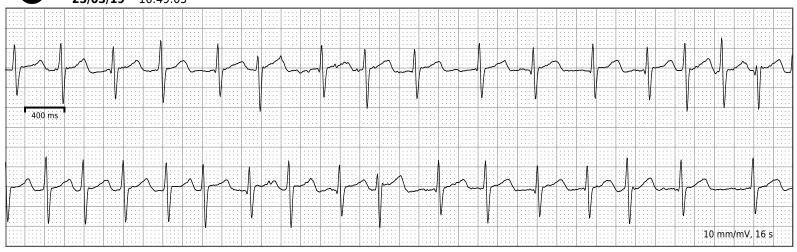


Summary Events Patient Events Pauses SVEs **Additional Strips** 



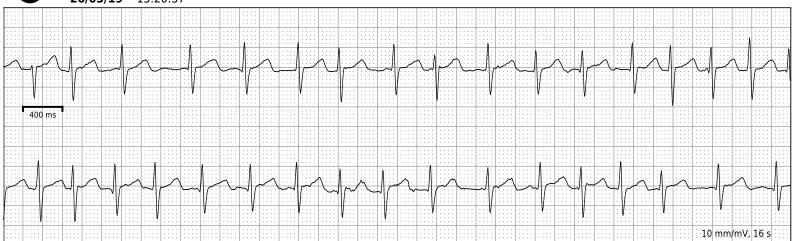
## Atrial Fibrillation (103-154 bpm)

25/03/19 16:49:05



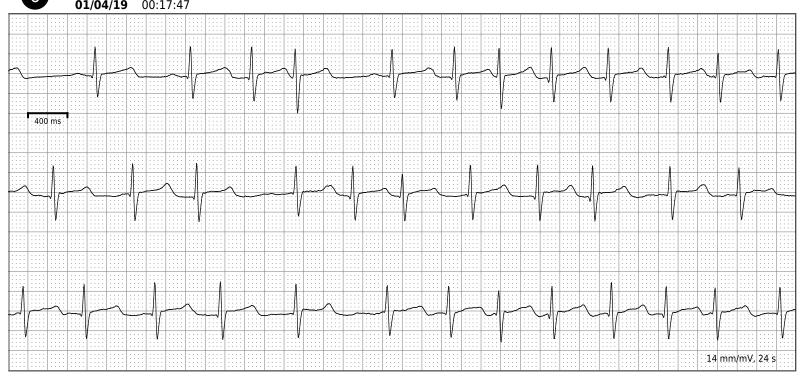
#### Atrial Fibrillation (113-152 bpm)

26/03/19 15:20:37



## Initiation of Atrial Fibrillation (81-109 bpm)

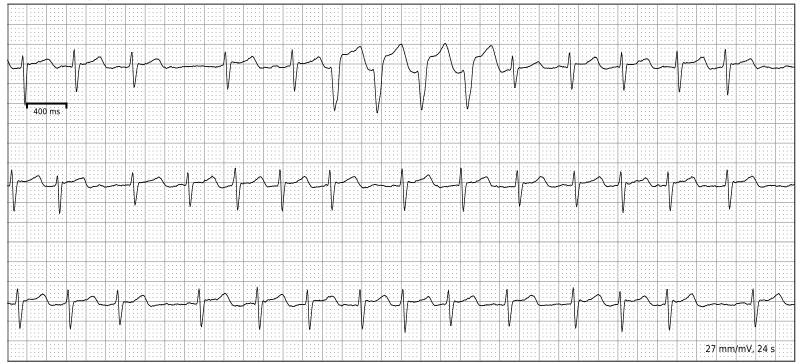
01/04/19 00:17:47



Summary Events Patient Events Pauses SVEs **Additional Strips** 

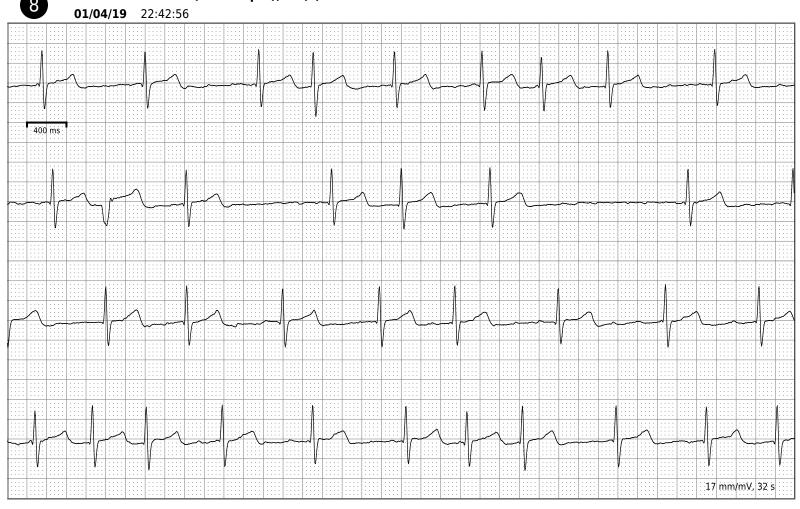


#### Atrial Fibrillation (92-115 bpm), Ventricular Tachycardia (129-138 bpm) vs aberrancy 01/04/19 08:18:57





# Atrial Fibrillation (50-86 bpm), VE(s)



Summary Events Patient Events VT Pauses AF SVEs VEs Additional Strips



# Termination of Atrial Fibrillation (91-138 bpm) 02/04/19 19:13:58

